



FC MIDTJYLLAND OFFERS A STUDY PROGRAMME AS A NUTRITIONIST IN THE PERIOD FROM JUNE 10, 2026, TO MAY 31, 2027

DO YOU WANT TO BE PART OF THE MOST INNOVATIVE FOOTBALL CLUB IN SCANDINAVIA NEXT SEASON? FC Midtjylland, in collaboration with ISI Højskole, offers a unique study programme aimed at aspiring Nutritionist who want to turn theory into practice and build a career in the football industry. The role will be special aimed to support a group of targeted players on the first team. We are looking for open-minded, punctual, independent, creative, and dedicated individuals who are eager to learn and contribute in an high-performance football environment. The study programme combines practical, hands-on experience at FC Midtjylland's training ground with formal education and personal development at ISI Højskole.

WHO CAN APPLY?

We welcome applications from individuals currently enrolled in or recently graduated from a relevant sports or science-based educational programme.

STUDY PROGRAMME OVERVIEW

As a Nutritionist student in this programme, you'll work closely with the performance, nutrition, sport science, and medical departments at FC Midtjylland. You'll contribute to data collection, testing, and reporting across the first team, where you will be main responsible for 4-6 highly prioritized first team players which main language is Portuguese and/or Spanish. You'll also take part in key projects that support the club's physical and performance development.

Your main responsibilities will include:

- Be main responsible for a group of highly prioritised first team players and supporting them in everything from meal preparation, loading strategies, body-composition control etc.
- Implementing nutrition strategies to support performance and recovery around training and games
- Make individualized and teambased strategies about supplementation, hydration, strength development, weight gain, fat loss and injury-based recovery
- Making individual dietary guidance and follow ups for the players
- Assisting in weight and fat% skinfold measurement
- Work close with the in-house kitchen and catering provider to optimize the food intake
- Literature review based on questions within the club
- Preparation of supplements
- Providing regular nutritional education for the players
- Supporting match day and training sessions with nutritional inputs and guidance
- Make supervised eating and be around meals with the players
- Support the rest of the Nutrition Department

As the first team players you will support will be speaking Portuguese and/or Spanish is it a necessity that you speak these languages fluent, just as you need to be fluent in English.

EDUCATIONAL COMPONENT AT ISI HØJSKOLE

Alongside your practical work at FCM, you will attend courses at ISI Højskole. Here, you will:

- Complete the UEFA C Coaching License
- Learn about FCM's Style of Play
- Explore specialist football disciplines
- Gain insights into Danish football culture
- Live and learn in a professional and supportive environment

ADDITIONAL INFORMATION

- Language: Fluency in English, Spanish and Portuguese (spoken and written) is an advantage
- Personality: We value curiosity, initiative, and a team-oriented mindset
- Location: Accommodation is provided at IBF Arena, right next to the FCM training ground (single rooms)
- Financials: The study programme is unpaid, but all board and lodging are covered
- Start Date: June 10, 2026
- Duration: 12 months

HOW TO APPLY

Please send your application no later than **April 26, 2026**, to: Jacob Nortvig – Head of Nutrition and Kitchen jno@fcm.dk. For questions or more information, feel free to reach out to the same email.